

EPSY Visiting Scholar Program



Emergence of Self-Regulation: Conceptual Issues and Relations to Developmental Outcomes

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Sponsored by EPSY & the Dean's Office

Abstract

A variety of constructs have historically been considered when discussing emotion regulation. I will discuss different conceptualizations of emotion-related regulation, and differentiate between effortful control and aspects of control that are less voluntary (reactive control). After briefly discussing how these constructs are typically operationalized, I will discuss hypothesized relations of self-regulation and reactive control to adjustment and maladjustment. Then I will present findings on the relation of effortful control and reactive control to children's maladjustment and social competence, with an emphasis on temperamentally based effortful control, and the mediating role of personality resiliency. Finally, I will briefly present findings indicating that individual differences in children's self-regulation appear to mediate between positive (or negative) parenting practices and children's maladjustment

Friday, February 22, 2013

10:30am - 11:30am

Room 632 Harrington Tower

Reception with refreshments will follow presentation

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